***Becoming a People of Understanding – Desiring for Supernatural Understanding***  
**(Cry of the Bride Fasting Wednesday)**

“I set my face toward the Lord God... by prayer and supplications, with fasting... While I was speaking in prayer, the man Gabriel... talked with me, and said, ‘O Daniel, I have now come forth to give you skill to understand. At the beginning of your supplications the command went out, and I have come to tell you, for you are greatly beloved; therefore...understand the vision.’”  
Daniel 9:3, 21-23

**THE PURPOSES OF THIS FAST: We ask to have supernatural understanding.**

* To set our heart to seek the Lord: Daniel intentionally set aside seasons to seek God.
  + “I set my face toward the Lord God to make request by prayer.”   
    Daniel 9:3
  + “You set your heart to understand, and to humble yourself before your God.”  
    Daniel 10:12
* To confess our sin: To recommit our heart to 100-fold obedience and agreement with Jesus.
  + “I was speaking, praying, and confessing my sin...”  
    Daniel 9:20
* To encounter God’s love: An angel visited Daniel to tell him that he was God’s beloved.
  + “I have come to tell you, for you are greatly beloved... understand the vision...”   
    Daniel 9:23
  + “And he said to me, ‘O Daniel, man greatly beloved, understand the words that I speak to you’... Then again... he said, ‘O man greatly beloved, fear not!’   
    Daniel 10:11, 18-19
  + “Can the friends of the bridegroom mourn as long as the bridegroom is with them? But the days will come when the bridegroom will be taken away from them, and then they will fast.”   
    Matthew 9:15
* For a greater release of power: For healing, family members, and national and international crisis.
  + “Lord, have mercy on my son, for he is an epileptic... I brought him to Your disciples, but they could not cure him. The disciples said, ‘Why could we not cast him out?’... Jesus said, ‘Because of your unbelief... This kind does not go out except by prayer and fasting.’"   
    Matthew 17:15-16, 19-21

Abba as we fast, we pray our hearts be fixed to receive your Holy Spirit.  
We ask for supernatural understanding to desire you more, to need you more.  
To see and be changed into your image more and more!

Let us fast to gain understanding on the essence of fasting relative to our maturity.